

Independent Wado-Ryu Karate-Do Association United Kingdom



February 2013

This Month

Wado UK Race Night 2

PRESENTING
Wado UK Race Night 2



Live @ the Police Club
Inglemire Lane, Hull

Tickets
Adults £3 inc Pie & Peas
Children £2 inc Nuggets & Chips

Sunday March 31st
DOORS OPEN: 7.30pm

Horse racing like you've never seen it before.
Come along and join in the fun

Race Night 2

Sakagami Challenge

Northern Squad Training

Funding Success

Karate in the Olympics

Date Section

Following the success and popularity of our first Wado UK Race Night last summer, we have been asked to run another one so we can enjoy the fun all over again. The previous event was a tremendous success, with club members, along with their families and friends of all ages enjoying the fun.

Once again the night will be held at the Police Club, Inglemire Lane in Hull. Free parking is available, and for the cost of £2 per child ticket or £3 per adult ticket, supper will be included. For the youngsters supper will be chicken nuggets and chips, whereas the adult tickets will receive pie & peas. Of course if the youngsters would prefer the pie & peas, just purchase the £3 tickets from your club instructors.

Enjoying the fun and games is easy, so don't worry about not understanding what to do. It will all be explained by the Race Night organisers who do this for a living. It is really easy and a great laugh.

Additional games such as bingo added to the amusement last time, so we will once again be playing that. There are also draws which take place from your entry tickets, and any losing betting slips you pick up along the way.

We hope you fancy coming along to repeat the enjoyment of the previous event, or if you couldn't make it last time why not grab some tickets from your club instructors and join us there!

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Sakagami Challenge Championships



Charan, Amrit and Teerth Dhesi

Medals were the order of the day on Sunday February 17th, as the three Dhesi siblings travelled to Leicester for the Sakagami Challenge Championships. Teerth, Charan and Amrit were the only Wado UK Karate-Ka at the event, due to the Northern Regional Squad session on the same day. That certainly didn't mean that the return journey home to Hull was a baron one. In actual fact the young trio returned with 8 medals in total, including 1 gold, 4 silver and 3 bronze.

The best result of the day was the gold medal won by Amrit, in his Kumite category. An excellent result considering his tender 7 years. This was in actual fact his third and final medal of the day, as he had earlier won an individual bronze for his efforts in his Kata division, and a silver medal when he teamed up with Teerth and Charan in the team Kata section. A full gold, silver and bronze set for Amrit, and an excellent start for the youngsters.

Charan did well in her individual categories also, where in her Kata category she took the silver. This was her first medal, but she was also to add to this by adding not only the silver from the team event mentioned above, but also a further silver as she joined forces with brother Teerth in the pairs Kata section. Three medals so far and she still had one more to come, as she battled hard in her Kumite group and secured her fourth and final medal of the day, a bronze. Again another excellent days work.

Teerth the eldest of the small squad wasn't in the mood to be outdone, so he set about making a name for himself also. His individual Kata group finished with him being in the bronze medal slot, meaning that his Kata divisions finished with him having a bronze and two silver medals hung around his neck. However there was still one chapter to complete, as he moved over to focus on the Kumite

discipline. Here too he would reap the rewards of his dedication and commitment, as he managed to reach the final. It would have been the icing on the cake if he had won the gold medal here, but there was to be no fairy-tale ending, after battling hard and giving all he had, Teerth was unfortunately pipped at the post. This did mean though that he had secured a very impressive silver medal in what was to be our final medal of the day. Overall then it was a small Wado UK squad which attended the competition, yet the medal tally looked as though it had been taken by a much larger one. 8 medals which included a gold, four silver and three bronze medals is an incredible achievement. One which the youngsters should be very proud of. Well done guys, and a very big thank you to dad Mak for travelling the long distance to Leicester giving them the opportunity to compete.

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Northern Regional Squad Training

On February 17th, several Wado UK Members visited the No 1 Fitness centre in Crosshills for the latest Northern Regional Squad session run by the EKF. The venue is run by assistant National Coach Paul Newby, who is also a regional coach for the Northern area.

The session was split into two 2 hour classes, with approximately 30 minutes between. All of those who attended benefited enormously from the days activities, and it's hoped the lessons learned can now be put into practice in future competitions.



The Wado UK members who attended the sessions can be seen above, with instructors or the day Gavin Foster left, and Paul Newby right

Funding Success

neil hudgell solicitors
serious about you

Hull and East Yorkshire
COMMUNITY FOUNDATION

Following a successful funding bid from Chris Dearing of the East Hull Woodford Dojo, Wado UK will be receiving a cheque from Neil Hudgell Solicitors to the sum of £1000. The money is to assist us yet again in the purchase of competition mats. This will be our 6th and final set of tatami mats, and secures our ability to hold 6 area competitions.

The two logos on the left represent the Hudgell Solicitors business, and that of the Hull and East Yorkshire Community Foundation, which is part of the funding source.

We would like to express our sincere gratitude to these bodies, and to Chris for his determination and hard work on our behalf.

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The K is on the Way



Karate is once again at the fore-front of Olympic attention, as it comes under the scrutiny of the International Olympic Committee for inclusion into the 2020 Olympic games.

During the lifetime of the World Karate Federation, 1990 to the present, and its predecessor WUKO from 1970, it has strived to gain enough support for this to happen. There have been only two presidents of the WKF during all this time. The late Jacques Delcourt of France, and presently Antonio Espinos of Spain. During these 40+ years, Inclusion into the games and what would be the greatest test of a Karate-Ka's skills, strengths and determination has been paramount in both Presidents mandates.

The Executive Board of the IOC recommended that Wrestling, governed by the International Federation of Associated Wrestling Styles (FILA), not be included on the list of core sports. Wrestling will now join the seven shortlisted sports, baseball/ softball, karate, roller sports, sport climbing, squash, wakeboarding and wushu vying for inclusion in the 2020 Olympic programme as an additional sport.

The eight sports are scheduled to make presentations to the Executive Board at its meeting in St Petersburg, Russia in May. The EB will select which of the eight sports to recommend to the 125th IOC Session for inclusion as an additional sport on the 2020 programme.

Not for the first time Karate is stealing the march on the other shortlisted sports, however having won the poll previously and subsequently losing out to rugby 7's there is still a long way to go.

It is possible for anyone to vote for the sport they feel should win inclusion, and to this end we would invite all our members to vote for Karate if they so wish. To do this you can follow the simple instructions by either clicking on the photo to the left or link below, or by copying and pasting the link into your web browser. The simple two step procedure does include voting on the sport which you consider should be removed from the list of included sports.

http://espn.go.com/sportsnation/poll/_/id/4931/wrestling-olympics#top

3rd March

KSE Karate Championships
Gloucester

10th March

Chojinkai Childrens and Cadets Championships
Penrith Leisure Centre

17th March

Hartlepool WadoKai Championships
Hartlepool

20th/21st April

EKF National Championships
Ponds Forge International Sports Centre, Sheffield

27th/28th April

Scottish International Open Karate Championships.
Meadowbank Stadium, Edinburgh, Scotland.

5th May

Weston Super Mare
Spring Invitational

26th May

Northern Open Classic

2nd June

British 4 Nations
Glasgow

16th June

Chojinkai Open Karate Championships
Penrith Leisure Centre

23rd June

British Karate Association Championships
Leigh